



Sacred Time...

for connecting with the sacred



A Ritual to Cultivate Your Power of Divine Order

This ritual is designed to help you consciously connect with the principle of Divine Order and align your life with its powerful flow. It can be performed daily, weekly, or whenever you feel the need to restore a sense of harmony and purpose.

Part 1: The Preparation – Declaring Your Intention

1. **Find Your Sacred Space:** Choose a quiet, peaceful area where you won't be disturbed. This can be a corner of your bedroom, a spot in your garden, or even a comfortable chair. Light a candle or diffuse an essential oil like lavender or frankincense to help set the atmosphere.
2. **Clear Your Space:** Take a moment to tidy and organize your immediate surroundings. This physical act of organizing mirrors the spiritual clearing you are about to do. As you tidy, say to yourself, "I am clearing space for Divine Order to flow."
3. **Gather Your Tools:** You will need a pen and paper. If you like, you can also have an object that represents order or alignment to you, like a crystal (Amethyst or Selenite are good choices), a compass, or a small stone.
4. **Set Your Intention:** Close your eyes and take three deep, cleansing breaths. With each inhale, breathe in a sense of peace and order. With each exhale, release any feelings of chaos, stress, or confusion. In your mind or out loud, state your intention for the ritual. For example: "I am here to connect with the Divine Order that governs my life. I release my need to control and surrender to the perfect flow of the universe."

Part 2: The Ritual – Releasing and Receiving

1. **Acknowledge the Chaos (The Release):** On your paper, write down anything in your life that feels chaotic, disorganized, or out of control. This could be a cluttered schedule, a feeling of being overwhelmed, or a specific problem you can't seem to solve. Don't censor yourself; just let it all out. As you write, affirm: "I acknowledge this, but I release my attachment to it. It is not mine to fix alone."
2. **Affirm the Order (The Receiving):** Turn the paper over. On the clean side, write down the opposite of what you just listed. For example, if you wrote "overwhelmed by my to-do list,"; write "My schedule is in perfect Divine Order." ; If you wrote "feeling stuck"; write "I am flowing with the perfect adjustments of life."

3. **The Flame of Surrender:** Carefully fold the paper with the "chaos" side facing inward. Holding it in your hands, look at the lit candle and say: "I release all that is not in divine alignment with my highest good. I surrender my need to control and trust in the power of Divine Order."

- Safely place the folded paper into a fireproof container and light it with the candle flame. As the paper burns, visualize the chaos transforming into smoke and dissipating. See the new affirmations taking root and becoming your new reality.

- If burning is not an option, you can rip the paper into tiny pieces and bury them in the earth or a potted plant, symbolizing the release and grounding of the new order.

4. **The Meditative Alignment:** Sit quietly for a few moments. Hold your chosen object (the crystal or stone). Close your eyes and visualize a golden, luminous cord extending from your heart, connecting to the heart of the universe. Feel a sense of profound peace and rightness. Affirm to yourself: "The universe is in perfect order, and so am I. I am a co-creator with the Divine. I organize, I adjust, and I evolve with grace and ease."

Part 3: The Integration - Anchoring the New Reality

1. **Journaling/Reflection:** Write down a single, clear intention or affirmation on a fresh piece of paper that you can carry with you for the next day. This serves as a tangible reminder of the ritual.

2. **A Final Offering:** Thank the universe and your inner self for the guidance received. Blow out the candle, acknowledging that the light of Divine Order now resides within you.

By performing this ritual, you are not trying to force order, but rather, you are aligning yourself with the order that already exists. You are actively participating in the process of your own organization, adjustment, and evolution.