

Gayla Harris

I am a seeker of knowledge (especially in the areas of health and wellness) and Truth (through developing my relationship with God). That has been the case most of my life, with all of its ups and downs and plateaus. Starting in my young life, I wanted to help others. I was guided to become a physical therapist in 1971, to retire my license in 2016, to become a massage therapist in 1996 and continue practicing today. I went to church with my family in a small town in West Texas during all my growing up years; then moved away from home and forgot all about it until sometime in my mid-30's when I began my truly conscious spiritual journey/practice. I tried several approaches to my spiritual growth and finally landed on the tried and true way that Jesus taught. I joined Unity Church of Practical Christianity in Houston in 1988, having found a home for my heart and guidance for my soul.

I moved to Austin in 1996 and made my way to Unity of Austin shortly thereafter. I have been a committed member of this church for 20 years . I love connecting with others in our community by attending classes and have enjoyed everything offered by Reverends Anna, Carol, Leslie and Micah. I have served on the Board of Trustees 8 ½ years with 3 years as President. In addition, I have found pleasure in ushering, facilitating the Book Study Ministry, being a Worship Assistant, serving as secretary on the Finance Committee, teaching in YFM, occasionally pretending to sing in the choir and participating in other volunteer opportunities as they arise. Outside of church, I have many loves: dogs, cats, chickens, gardening, bicycling, yoga, hiking, weight-lifting, cooking, reading, being in nature whenever possible. Life is good!